ICANS 2023
ABSTRACT SUBMISSION GUIDE

ICANS2023
International Conference on
Adaptations & Nutrition in Sports
TEMASEK POLYTECHNIC CONVENTION CENTRE
19-21 JULY 2023

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Salutation*	Please Select
First/Other Name*	
Surname/Family Name*	
Job Title*	
Organization*	
Address*	
Country*	Please Select
Mobile*	
Email*	
Email Confirmation*	
Alternate Email	
Vegetarian*	Please Select
Accompanying Person*	Please Select

Complete all delegate information fields

*Ensure that you have allowed your browser to send pop-ups and use redirects. Visit page 11 for a guide on how to enable this setting.

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Please read the full submission guidelines carefully before submitting.

ABSTRACT SUBMISSION GUIDELINES
- Abstracts may be submitted for poster or oral presentation only.
- Abstracts must be submitted online via the conference website. Abstracts submitted by fax, email, or post will **NOT** be accepted.
- **Abstracts must be submitted at the latest by 15 February 2023.** The online submission system will close at **midnight GMT +8** on this day.
- Please do not submit multiple copies of the same abstract.
- Abstract submitted previously to other conferences will not be accepted.

CONFIRMATION OF RECEIPT AND NOTIFICATION OF DECISION
- After submitting your abstract, you will receive an email confirmation that your abstract has been received.
- Please contact the Secretariat at abstract@icans2023.com if you have submitted an abstract and did not receive an email acknowledgement.
- Notifications regarding the status of your abstract acceptance will be sent out by **15 March 2023**.

PRESENTATION AT THE CONGRESS
- Instructions for preparation of poster presentations will be sent together with acceptance notifications.
- The Organising Committee will endeavour to schedule abstracts according to authors' preferences but reserves the right to decide on the final form of presentation.
- For each abstract, at least one author is expected to attend the Conference. **Presenting authors must register for the Conference and pay the registration fee.**
- Abstract presenters need to register by the registration deadline for inclusion in the Conference programme and for presentation scheduling.

PREPARING YOUR ABSTRACT FOR SUBMISSION
- The abstract should be as informative as possible and include the following details:
- **Objectives:** background and specific aims of the study
- **Methods:** description of methods used
- **Results:** summary of results obtained
- **Conclusions:** conclusions reached
- Abstracts must meet the following specifications:
  - **Abstract title** - Limited to 25 words
  - **Abstract text** - Limited to 300 words
  - **Abstract topic** - Abstracts topic must be chosen from a specific theme listed in the Scientific Programme
- Please note that graphs, images or tables should not be included in your abstract.
- Use only standard abbreviations. Special or unusual abbreviations are not recommended. If otherwise necessary, the latter should be placed in parenthesis after the first appearance of the full word.
- All abstracts must be submitted and presented in clear English with accurate grammar and spelling of a quality suitable for publication. If you need editorial help, please arrange for the review of your abstract by a colleague who is a native English speaker, by a university scientific publications office (or other similar facility) or by a copy editor, prior to submission.
- The **submission** form at the link at the top of this page allows you to store your abstract in draft form to facilitate edits. Please note that abstracts must be **SUBMITTED** before the deadline to be sent for review for inclusion in the Scientific Programme.

New Submission

Read through the guidelines before submitting an abstract

Scroll down to bottom of the page and click on **New Submission** to launch abstract page

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Timer of 60mins starts from this page

Please complete in 59: 23

👤 **Author Details**   ⊗

👤 Co-Author/s details   ⊗

🏆 Abstract Title   ⊗

📑 Abstract Text   ⊗

📋 Declaration of Consent   ⊗

📋 Summary   ⊗

Author Details

Name

Please key in your author's name

(first name followed by family name)

Department

Please key in your author's department

Institution

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Country

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Are you the presenting author?

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Complete Author Details page and click **Save** to continue

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Please complete in 52: 28

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Abstract Theme

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Abstract Topic

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Select the Abstract Theme and click on **Save** to continue

Methods (2)

Words: 0   Characters: 0

Results (3)

Words: 0   Characters: 0

Conclusions (4)

Words: 0   Characters: 0

300-word count is applicable to text in Box 1 – 4.
Click **Save** to continue.

Tip: Click **Save** regularly to prevent loss of data

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- ♟ Abstract Title ✓
- 📑 Abstract Text ✓
- 📋 Declaration of Consent ✗
- 📋 Summary ✗

Check all boxes in this declaration page and click Save to continue

Please complete in 38: 45

Abstract Declaration

To submit your abstract, you must agree to the following terms:

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📑 Summary   ✖

Please complete in 35 : 44

Abstract Summary

Part A : Author Details

Name:

Department:

Institution:

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Are you the Presenting Author?

Part B : Co-Author/s

Full Name	Department

Part C : Abstract Title

Abstract Title :

Abstract Themes :

After all sections are completed, you will reach the Abstract Summary page.

Kindly check your entry.

You may amend the respective sections by clicking on the navigation bar on the left.

If the entry is accurate, scroll to the bottom of the page and click **Submit**.

TROUBLESHOOTING GUIDE: DISABLING POP-UP BLOCKER

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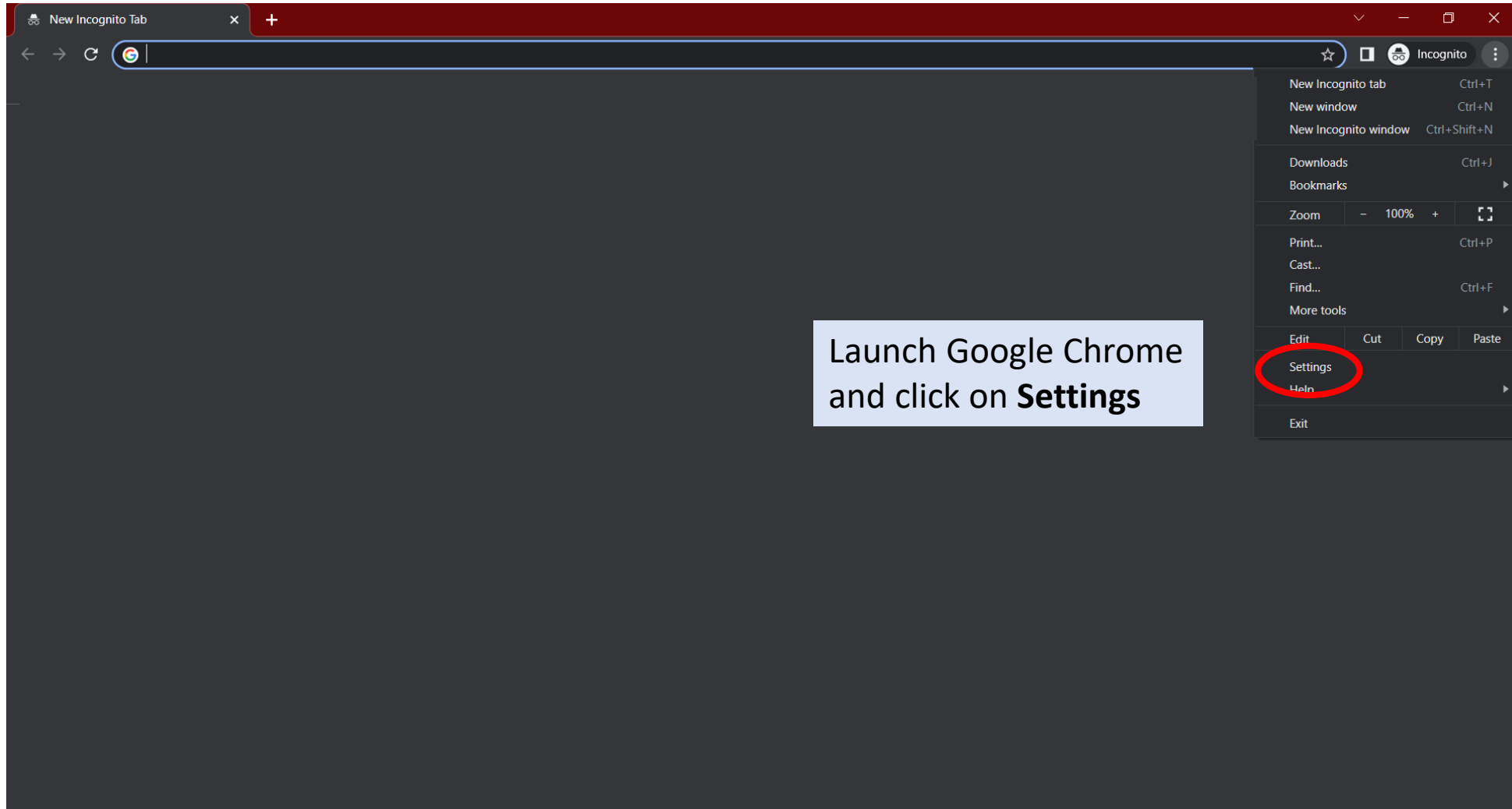Organised By

Settings

Search settings

Review key privacy and security controls in Chrome

Get started   No thanks

You and Google

Autofill

Privacy and security

Appearance

Search engine

Default browser

On startup

Languages

Downloads

Accessibility

System

Reset and clean up

Extensions

About Chrome

Chrome can help keep you safe from data breaches, bad extensions, and more

Click on **Privacy and Security,** and **Site Settings** next

Privacy and security

Clear browsing data
Clear history, cookies, cache, and more

Privacy Guide
Review key privacy and security controls

Cookies and other site data
Third-party cookies are blocked in Incognito mode

Security
Safe Browsing (protection from dangerous sites) and other security settings

Site settings
Controls what information sites can use and show (location, camera, pop-ups, and more)

Privacy Sandbox
Trial features are off

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Search settings

- You and Google
- Autofill
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- Appearance
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- Languages
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- Reset and clean up

- Extensions
- About Chrome

Sites can ask to use your camera

🎤 **Microphone**
Sites can ask to use your microphone ▸

▸

🔄 **Background sync**
Recently closed sites can finish sending and receiving data ▸

Additional permissions ⌄

Content

🍪 **Cookies and site data**
Third-party cookies are blocked in Incognito mode ▸

<> **JavaScript**
Sites can use Javascript ▸

🖼 **Images**
Sites can show images ▸

↗ **Pop-ups and redirects**
Sites can send pop-ups and use redirects

Additional content settings ⌄

Scroll to the bottom of the page
and click on **Pop-ups and redirects**